

OFFICE

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www.mutualmgmtcompany.com

Hours:

Monday through Thursday: 8am to 5pm
Friday: 8am to 4pm

RIVERBLUFF OFFICE HOURS
Tuesday - 3:00-5:00
612-333-3826

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Maintenance Office Assistant

Julie Werner

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Rick Denardo	Matt Dickson
Jamphel Sharsur	Viktor Tatur
Jeff Tvedt	

**Maintenance
Emergency Number
612-221-8750**



We are pleased to introduce the newest member of our MMC team: Avette Mahto. She is a very welcome addition to our Leasing and Marketing staff. Avette is also employed as a PCA and massage therapist. She is a mother of 4 and grandmother of 4. In her spare time she enjoys kickboxing. Welcome, Avette!



Come one, come all to Free First Saturdays at the Walker Arts Center!

Gallery admission is free on the first Saturday of each month. Families can enjoy live performances, films, gallery adventures, and hands-on art-making from 10 am-3 pm. Activities recommended for ages 6-12.

More info at www.walkerart.org





People For Parks

People for Parks began in 1977 in an effort to fight the Dutch elm disease that was ravaging Minneapolis' elm trees. The nonprofit has since grown into an organization that has funded more than \$2 million in projects across the city, from the picnic shelter and benches at Lake Harriet to Arbor Day celebrations, cross country ski trails and sports equipment. The organization relies on donors and fundraisers such as its paver sales and 5K run to support its efforts. It provides about \$40,000 funding each year for projects, serving as a fiscal agent for community groups and helping park directors respond to more immediate needs for equipment and supplies.

In 1979, People for Parks expanded to fund and sponsor recreational programs across the city. Its early projects included creating lighted cross-country ski trails at Theodore Wirth Park, recreation programs at Stewart Park and funding the Minneapolis Pops Orchestra.

The organization was also a major force behind the improvements at the Lake Harriet Bandshell, raising money for benches, the permeable pavers, the sound system wiring and maintenance. It raised about \$800,000 to keep the Pops Orchestra playing until the orchestra established its own fundraising organization in 2002.

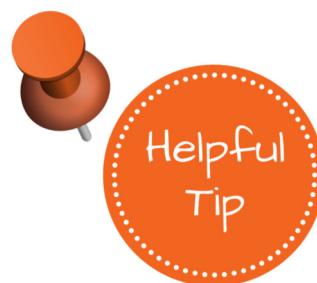
Since a less active period in the early 2000s, People for Parks has donated hundreds of thousands of dollars to projects across the city, such as rebuilding tennis courts, installing outdoor chess tables and swimming scholarships. The organization more recently collaborated on an effort to build a universal access playground at the Wabun Picnic Area near Minnehaha Falls. The playground provides easy usage for people with limited mobility, from children to caregivers.

This past year, People for Parks began funding swimming scholarships in the city, providing lessons to more than 240 kids. It also donated bike helmets for more than 180 kids attending safety camp this summer and replaced basketball courts at several parks.

What you can do:

Join the People for Parks board. The organization is looking for more members. Attend an upcoming event. Volunteer on one of People for Parks' committees, join the park stewards program or purchase a bench or paver.

More at www.journalmpls.com



Outlets in kitchen or bathroom not working?

This is a problem that can often be resolved by the simple push of a button. If you're experiencing one of the above problems, you may have what is known as a "tripped" GFCI outlet.

It was designed as a safety precaution to prevent a person from being electrocuted. Because of the increased sensitivity of these devices, they occasionally open the circuit (or "trip") at other times. This commonly happens when they are exposed to unusual amounts of moisture, or during electrical storms or severe power surges.

If some of your kitchen or bathroom outlets are not working, look all around the walls for a GFCI outlet (see image below). If you find one, **make sure the "reset" (top) button is pressed in.** After you have pressed the reset button, check to see if all your outlets are now working.

If you follow these steps and your outlets are still not working, call the MMC office at 612-333-9164 to place a maintenance order.



PUPPET SHOW

The annual puppet show performed by Open Eye Figure Theatre was presented June 20th in playground at 6th Street and 19th Avenue. This year's show was *Molly and the Magic Boot*. Snacks were provided by West Bank CDC after the show. This was a great opportunity to enjoy a summer evening with friends and neighbors.



Spring Block Parties + Sharing Sessions

Mutual Management and West Bank CDC held three block parties in May for residents of Cedar East Commons to hear about concerns, discuss strategies to increase safety in the neighborhood, and to get outdoors to talk to neighbors and have fun! Each event started with a meeting. This was followed by pizza for everyone and a photo booth with unlimited free pictures. There was a \$100.00 cash drawing at each party. Over 50 households participated. We are grateful for the participation and input!





In the United States, 40% of all food goes to waste, translating to \$162 billion lost as well as wasted water, energy, fertilizers, and cropland. Additionally, the average family of four throws out over 1,000 pounds of food a year which is equal to \$1,500 a year. Here are a few tips to reduce wasted food:

Understand food labels like “Best If Used”

The dates on food labels are generally not expiration dates, but merely suggestions as to when the product is at its freshest. In fact, the grocery industry recently adopted voluntary standards to reduce confusion about product date labels.

- **“Use by”** products with this label should be consumed by the date listed on the package.
- **“Best if used by”** describes product quality. After that date, the product may not be at peak flavor, but is generally safe to consume.
- The only federally regulated use by date is on baby formula to ensure the nutrient levels listed are accurate.

Use your sense of smell, sight and best judgement to determine when food has gone bad, and don't rely only on the food label. Don't use foods that have developed an off odor, flavor or appearance.

Practice Meal Planning:

- Shop your refrigerator first. Find recipes using ingredients you already have at home.
- Plan meals for the week—start with your go-to meals. Then make a shopping list.
- Create meals in batches. Freeze them for later use, in portion sizes that you'll want to defrost later. Plan a leftovers night each week to eat it up.

Learn how to store your food to keep it fresh:

Store food in the appropriate areas of the fridge.

- Try reviving wilted lettuce and veggies like carrots and broccoli by placing them in an ice bath for 5-10 minutes before throwing them out.
- Date leftovers so you know when they're made.
Keep an “Eat me first” box in your fridge to put older or more perishable items.

For more tips to help fight food waste visit www.savethefood.com.



'Cops on Bikes' Ride Reaches Out in Minneapolis

The Minneapolis police chief and dozens of officers hit the city on bikes June 7 in an effort to reach out to the community. It's part of Chief Janee Harteau's "Cops Out of Cars" initiative. The annual event kicked off at Roosevelt High School. Police made stops at parks including Stewart Park and Powder Horn Park. The department also went to different non-profit organizations like the Boys and Girls Club and YouthLink Minneapolis. Officers handed out 90 helmets along the way to help promote safe riding. The goal of the initiative is to stop and talk with as many people as possible, especially kids. Chief Harteau and MPD said connecting with the youth of the city goes a long way in reducing crime and building positive relationships. "To allow them an opportunity to just go out on a bike to remove that squad car and remove that barrier and have some dialogue with some of our young kids, we hope to grab whoever we can along the way, and this is what happens every year," Harteau said. "They just come ride with us."

More at www.kaaltv.com



Fix-It Clinics

Get household items fixed for free and learn valuable repair skills at an upcoming Fix-It Clinic.

At Fix-It Clinics, residents bring in small household appliances, clothing, electronics, mobile devices and more and receive free guided assistance from volunteers with repair skills to disassemble, troubleshoot and fix their items.

Fix-It Clinics teach valuable troubleshooting and basic repair skills, build community connections and reduce the number of repairable objects that are thrown in the trash.

The next clinic will take place Saturday August 12, noon to 4 p.m., St. Anthony City Hall, 3301 Silver Lake Road NE, St. Anthony.

More at www.hennepin.us.



National Immunization Awareness Month (NIAM) is an annual observance held in August to highlight the importance of vaccination for people of all ages. NIAM was established to encourage people of all ages to make sure they are up to date on the vaccines recommended for them. Communities have continued to use the month each year to raise awareness about the important role vaccines play in preventing serious, sometimes deadly, diseases. NIAM is sponsored by the National Public Health Information Coalition (NPHIC). For more information on the observance, visit NPHIC's NIAM website at www.nphic.org



Trash and Recycling Procedures

- All trash and recycling carts are labeled with addresses on the underside of the lids.
- All trash must be in a tied bag and placed into the trash carts. Bags cannot be left outside of the trash carts!
- The trash carts cannot be placed out on the street before Thursday afternoon for a Friday pick-up. The latest that they should be put out to guarantee pick up is 6:00 a.m. on collection day.
- The trash carts must be brought back to a location behind the “front door line” of your house on the same day that the garbage is picked-up.
- Kitty litter must be double bagged and put into the trash cart.
- Garbage is collected weekly. Recycling is collected every other week. All residents are required to recycle. If you do not have anything to recycle you should still put out your blue recycling cart or the property will not be given our recycling credit. **If the city finds trash or non-recyclable items in your recycle bin, you will receive a warning. If the city continues to find improper items in your recycle bin, your recycle bin will be removed, and you will be charged \$25.00 to get it returned.**
- Call the Solid Waste & Recycling office at 612-673-2917 if your cart is damaged, or broken. If your cart is missing, check with the management office first. If we can't locate it, you will be responsible for the cost of a replacement.

Summer Word Search

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T	U	F	O	R	W	N	K	Q	N	P	M
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V	M	S	U	Y	M	I	P	E	I	S	U
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SUMMER
SUNNY
SUNSCREEN
POOL
LEMONADE

BEACH
SWIMSUIT
BUGS
VACATION
BASEBALL

JUNE
JULY
HOT
AUGUST
SUNGLASSES



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