

## OFFICE

1808 Riverside Avenue, Suite 209  
Minneapolis, MN 55454  
Phone: 612-333-9164 | Fax: 612-333-8185  
www.mutualmgmtcompany.com

**Hours:**  
Monday through Thursday: 8am to 5pm  
Friday: 8am to 4pm

**RIVERBLUFF OFFICE HOURS**  
Tuesday - 3:00-5:00  
612-333-3826

**Executive Director**  
Sam St. Pierre  
sam@mutualmgmtcompany.com

**Director of Property Management**  
Kris Janning  
kris@mutualmgmtcompany.com

**Property Manager**  
Tara Myers  
tara@mutualmgmtcompany.com

**Occupancy Specialist**  
Fadumo Aden  
fadumo@mutualmgmtcompany.com

**Leasing & Marketing Specialist**  
Avette Mahto  
leasing@mutualmgmtcompany.com

**Office Manager**  
Sue Everroad  
sue@mutualmgmtcompany.com

**Office Assistant**  
Jo Klein  
frontdesk@mutualmgmtcompany.com

**Accounting**  
Genna Averbakh  
accounting@mutualmgmtcompany.com

**Maintenance Supervisor**  
Jerry Werner

**Maintenance Office Assistant**  
Julie Werner

**Technicians**  
Ryan Brennan      Matt Denardo  
Rick Denardo      Matt Dickson  
Jamphel Sharsur    Viktor Tatur

**Maintenance Emergency Number**  
612-221-8750

**Capital Security**  
612-799-5505



## EARLY CHILDHOOD EDUCATION

Did you know that Early Childhood Education (from birth to age 5) helps children to be successful in both school and in life? The Cedar Riverside Neighborhood Revitalization Program is inviting West Bank residents to learn about an exciting project to bring more high quality ECE resources to all families in our community. Please contact Abdirizak Bihi at [abihi@hotmail.com](mailto:abihi@hotmail.com), 612-703-9221, or Dave Alderson, at [Davida@pillsburyunited.org](mailto:Davida@pillsburyunited.org), or 612-876-9357.

## BACK TO SCHOOL PARTY AT RIVERBLUFF



Riverbluff residents organized a Back to School Party for their youth on August 18. Mutual Management Company and West Bank CDC donated funds for school supplies and food. The kids enjoyed decorating their own drawstring bags. It was a festive evening of food and fellowship to wrap up the summer and kick-off a great school year ahead!



## CARAMEL APPLE CRESCENTS

### INGREDIENTS

2 apples, sliced  
1 tube crescent dough  
12 caramel candies  
2 tbsp. melted butter  
1 tbsp. sugar  
1/2 tsp. cinnamon

### DIRECTIONS

Preheat oven to 350° and line a sheet tray with parchment paper.

Unroll crescent dough and separate into individual triangles. Place an apple slice on the wider end of each triangle. Place one caramel candy on top of each apple slice.

Roll up the crescent starting at the wider end, keeping the apple slice and caramel candy inside.

Place crescents on parchment lined sheet tray, brush with melted butter and sprinkle with sugar and cinnamon.

Bake until the crescents are golden, 15 to 20 minutes. Serve warm.

More at [www.delish.com](http://www.delish.com)



**Security Patrols**  
Capital Security continues to conduct foot patrols of the Cedar East

area. Our initial feedback from residents has been very positive. Residents say they like having the extra security in the neighborhood and feel it has made some improvement in the safety problems.

**If you experience a non-emergency safety issue that needs attention, call that Safety phone at 651-799-5505.** If a guard is on duty they will answer and respond, otherwise please leave a message. **Always call 911 for any emergency.**



## Community Garden in Timber Park

A community garden is being planned for Timber Park and should be ready for planting next Spring. If anyone is interested in gardening, please contact Debbie at West Bank CDC at 612-673-0477 or [dwolking@wbcdc.org](mailto:dwolking@wbcdc.org). We want to start an email list of interested residents so we can keep everyone informed about the garden.

## A plan for safer streets is in the works

Minneapolis officials on Sept. 11 sketched out their vision for eliminating all traffic deaths and serious injuries on city streets in 10 years.

Mayor Betsy Hodges included \$400,000 in her proposed 2018 budget to begin work on what has been dubbed the Vision Zero policy. That policy would set out specific steps to bring the number of fatalities and serious injuries resulting from traffic crashes to zero by 2027.

A Vision Zero Network of U.S. cities already taking the steps Minneapolis will soon consider includes Chicago, Austin, Portland, Boston and New York City, among others. Those cities are pursuing strategies that include lowering speed limits, redesigning streets, implementing campaigns that aim to change the behavior of road users and using data to drive traffic enforcement strategies.

Hodges announced the plan in a press event held near the intersection of 18th & Johnson in Northeast Minneapolis, where she was joined by City Council Member Kevin Reich, chair of the Transportation and Public Works Committee. According to the language of the resolution, next steps would include assembling a Vision Zero Task Force made up of city department heads, developing an action plan to carry out the policy, tracking the results of the plan and reporting annually on those results.

Hodges said Minneapolis "is a good place to live for pedestrians" and noted Minnesota overall ranks fourth in the nation among states with the lowest pedestrian fatality rates.

Public Works Director Robin Hutcherson said city data analysis already has hinted at where safety improvements might be targeted. Seventy percent of crashes occur at just 13 percent of all city intersections and 80 percent occur on just 10 percent of Minneapolis roadway miles, Hutcherson said.

More at [www.journalmpls.com](http://www.journalmpls.com)

## How many murals do you think there are in Minneapolis?

Hold on, don't answer yet. First we have to talk about what we mean by murals.

### Community

These range from charmingly amateurish to professionally abstract, like the downtown Dylan mural. Often sponsored by the community or an organization, they turn an empty space into something bright and colorful, and give a place a sense of identity. They bring color and life to a vacant area when they're new, and they hint at sadness and abandonment when they're faded and peeled.



*An unknown artist painted the mural at 3013 2nd Av. S.*

### Advertising

Hey, here's big art intended to make you think about Coca-Cola or chewing tobacco, in case you forgot all about them. You don't see much of these commercial murals anymore. Billboards (a less permanent form of mural) now do the work. So just how many are there in the Twin Cities? Mark Peterson might come the closest to knowing. Peterson, a former project manager, computer analyst, photographer and musician from Minneapolis, started taking photos of murals a while ago. His Flickr page details the astonishing quantity of wall art in the metro area. "I've photographed around 500 murals," he said. Over the course of five months, he drove down every street in Minneapolis, looking for murals. "It was my first summer of retirement," he laughed. "I had a car and a camera and the afternoon off, and decided to get as many as I could." Even though he spotted several "elusive" murals that he could see but couldn't photograph, he estimates he shot about "95 percent of the existing murals. And a few that no longer exist." Peterson is glad that he photographed so many of the murals when he did. The heyday of murals, he fears, might be on the wane. "I think the big fluorescence has leveled off," he said. "A lot of the ones I photographed won't exist in a few years, and I'd say 5 percent of the ones I shot are gone. There's something ephemeral about them, which is one of the reasons I wanted to make a record."

It would be good for history if Peterson published a book of murals. But in a way, a book goes against what murals are intended to accomplish. Imagine you're walking through a museum, and you come across a portrait with a strange, quiet beauty. You observe it for a while, moving from side to side, noting the way the face regards you with private amusement. You study the background, a strange landscape from a forgotten nightmare. You brought nothing to the painting, and you take away the pleasures of a serendipitous discovery.

Murals are like that: They're meant to be discovered, the way Peterson discovered them. They're meant to be something that surprises you, something that lights up a street, something that makes a neighborhood seem special. They're meant to turn a city into an art gallery, right before your eyes.

More at [www.startribune.com](http://www.startribune.com)

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 ★ **IMPORTANT** ★  
 ★ **MAINTENANCE** ★  
 ★ **REMINDER** ★  
 ★ It is very important to call ★  
 ★ our office if any of your ★  
 ★ faucets are dripping/ ★  
 ★ leaking, or if your toilet ★  
 ★ runs continuously. You ★  
 ★ could be charged if there ★  
 ★ is an increase in water ★  
 ★ usage due to negligence. ★  
 ★ Be sure to report these ★  
 ★ issues asap: 612-333- ★  
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**Mutual Management Company  
will be closed:**

**Thanksgiving**  
 Thursday, November 23  
 Friday, November 24

**Christmas**  
 Monday, December 25  
 Tuesday, December 26

**New Years Day**  
 Monday, January 1

*Happy Holidays!*



**About Holidazzle**

Get ready to enjoy a little North Country right here in Downtown Minneapolis!

The Minneapolis downtown council and Minneapolis Park and Recreation Board are excited to partner together and bring Holidazzle to Loring Park. As downtown Mpls’ premier holiday celebration, Holidazzle has delighted residents, visitors and downtown employees for years. In 2017, this tradition is again bringing family-friendly programming to Loring Park and is free and open to the public. You and yours are invited to join in the festivities!

**2017 Holidazzle dates:**

- Thursdays through Sundays, November 24-December 23
- Friday, November 24-Sunday, November 26
- Thursday, November 30-Sunday, December 3
- Thursday, December 7-Sunday, December 10
- Thursday, December 14-Sunday, December 17
- Thursday, December 21-Saturday, December 23
- Thursdays from 5 p.m. – 9 p.m. | Fridays from 5 p.m. – 10 p.m.
- Saturdays from 11 a.m. – 10 p.m. | Sundays from 11 a.m. – 7 p.m.

Holidazzle creates a community gathering place and holiday destination for people of all ages to come together and celebrate winter in Downtown Mpls. This year’s Holidazzle features stories highlighting local people, products and places that showcase the food scene, art district, park system, active lifestyle, local entertainers and community groups that make our city and our region unique and special.

Minneapolis-centric vendors provide options for prepared and packaged food, beverages and unique gift and craft items. This year’s programming lineup will include the outdoor skating rink, visits from Santa Claus, musical performances from bands and choirs, weekly movies featuring holiday classics, themed days, giveaways, surprise and delight moments and more.

Heat up and grab a beverage in our warming house, then continue your trek testing out some of Minnesota’s finest products. Vikings, moose, and abominable snow men alike are all welcome. Stroll through the festive lights and follow the savory smells as you enjoy your holiday experience in the heart of the city.

More at [www.holidazzle.com](http://www.holidazzle.com)

## CENTERPOINT COLD WEATHER RULE & UTILITY ASSISTANCE

CenterPoint Energy is reminding customers about certain rights and their responsibilities as it relates to the Cold Weather Rule (CWR), which protects residential customers experiencing difficulty paying their natural gas bill from having their natural gas service disconnected between Oct. 15 and April 15, 2018. While the CWR does not prevent customers from being disconnected for nonpayment, it does provide customers extra protection as defined in the CWR, but residential customers must contact CenterPoint Energy to set up a payment plan.

Customers who anticipate having trouble paying their entire natural gas bill, have received a Notice of Proposed Disconnection or need gas service reconnected are all urged to call CenterPoint Energy to establish a payment plan. A payment plan will include what is owed as well as the amount to be billed and will take into consideration a customer's financial situation and any other special circumstances. The payment plan must also be agreeable to both the customer and CenterPoint Energy. If an agreed-upon payment plan cannot be reached, customers have a right to appeal under the CWR.

**Under the CWR, special payment terms are available to customers who:**

- Apply for and receive Low Income Home Energy Assistance Program (LIHEAP) funding assistance in Minnesota, or
- Meet income guidelines set by the state of Minnesota and provide proof of income.

Call CenterPoint Energy to set up a payment plan at 1-612-372-4680 or 1-800-729-6164.

### ENERGY ASSISTANCE

If you need help paying your energy bill, you may qualify for energy assistance. Contact the State Energy Assistance Info Line at 800-657-3710 or the Salvation Army Heatshare Program at 612-767-2700.



## Winter Heating Tips

Make sure storm windows are closed, radiators are not covered by curtains or blocked by furniture. (Minimum 6-8" clearance should be allowed between radiators and furniture.) Heat registers also need to be open and not blocked by furniture. Before reporting a no heat situation, check all of the above and make sure the thermostat is turned up to at least 70 degrees.

Minnesota Law requires that buildings and heating systems must be capable of maintaining a temperature of 70 degrees at all times in all rooms. Even though the thermostats go up to 85-90 degrees, the buildings and heat systems are not designed to maintain such high temperatures. A no heat situation is only when a room temperature is below 70 degrees.

Thank you for your cooperation!



## HANDY USES FOR EVERYDAY OBJECTS

--Use nonstick spray on the inside of your votive holders.

--Eat marshmallows to soothe a sore throat. (Gelatin coats and soothes.)



--Use a can opener to open sealed plastic packaging.

--Add saline solution to refresh dried-out mascara. Just a couple of drops will do.

--Amplify the volume of your iPhone or iPod by

placing it in a bowl.

--Use a lint roller to clean out the debris in your handbag.

--Use newspaper as an odor absorber. You can put it in Tupperware, or the crisper bin of your fridge.

--Use VapoRub to train your pets. Apply VapoRub on things you don't want chewed up or peed on by your cat or dog. They're turned off by the taste and smell.

--Use mayonnaise to erase water stains from wooden furniture.

--Use 2 tablespoons of fabric softener and 2 cups water in a spray bottle to release wrinkles from clothing.

--Use a cereal container as a trash disposal in your car.

--Use hand sanitizer to dissolve ink stains.

--Use (unscented) dental floss to cut soft cheeses and cakes.

--Use raw spaghetti strands to light hard-to-reach candle wicks.

--Use mustard to suck the pain out of a burn.

--Rub the cut edge of cheese with some butter to keep it from getting moldy.

--Use Scotch tape to relieve an insect bite.

Blocking oxygen from getting into the bite will stop the itching.

--Use a blow-dryer on a mirror to clear the steam after a hot shower.



## Three local teens launch a sports gear check-out program

Hamsa Osman, Sayed Adan, and Charly Tiempos, three students from Cedar Riverside Community School, won \$10K for their idea on how to provide sports and outdoors equipment to underserved youth.



With their vision and ambition, it's quite clear that these three teens from Cedar Riverside Community School in Minneapolis have bright futures ahead of them.

Their winning idea is "Sports-Check It Out," a lending system for safety gear, sports equipment, and winter clothing geared to get kids outdoors and active year-round.

Their project began in October 2016 when teacher/mentor Jen Weber was asked to select student leaders for a competition at the University of Minnesota.

The goal was to organize a health and wellness program in their school or community, then promote their ideas to a panel of judges. Twenty-six groups or individuals competed in Minneapolis, with ten winning \$1,000 grants to implement their ideas. Two groups from each region would then compete in a nationwide election.

The series was hosted by AdVenture Capital, SAP, and the GENYOUth Foundation, with assistance from the Midwest Dairy Association.

The teens renovated a storage area at the school into a collection of snow pants, coats, basketballs, footballs and soccer balls, sleds and all kinds of sports equipment.

They started a Facebook page, GoFundMe campaign, and a Twitter account.

The teens will carry on with Sports-Check It Out through their senior year in high school. They hope to franchise the program to other schools and communities in the future.

For more info, go to their Facebook page: "Sports – Check It Out"

# Rainforest Animal Word Search

O J E A H Y E N Y Q G G K S B  
B T E N N B E J D O U Y B L D  
B S Z T U A T K R Z L Y C O F  
F I N R O Y C I N F Q O A T W  
B N A P Z U L O R O F R P H P  
X R P Z E L C E N X M W Y L P  
F A M F A Z T A S D A Q B J Z  
K U I I B T T V N C A W A L O  
P G H R U D R A P O E L R F T  
W A C B E Q M R I P A T A O Y  
Q J K C T K R P G Y F T L T V  
A G O U T I K R F A J E I E P  
N H R U F N X K X I C G K O S  
O R A N G U T A N O E K X X F  
J W X R V I I I G R X A G W G

AGOUTI	ANACONDA	BUTTERFLY
CAPYBARA	CHIMPANZEE	GORILLA
JAGUAR	LEOPARD	MONKEY
OCELOT	ORANGUTAN	SLOTH
TAPIR	TIGER	TOUCAN



Mutual Management Company  
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